



3rd Annual

Mayor's 5K Run/Walk

This year's
event benefiting:

Rush2Health

Saturday May 9, 2015 • 8:30 a.m.

Thank you for your interest in the 3rd Annual running of the Mayor's 5K Run/Walk with this year's proceeds benefiting Rush2Health. Rush2Health is a community initiative created to address physical inactivity and decrease obesity rates in Rush County. In 2014, the Rush County health data profile conducted by the Rushville Health Department reported that Rush County had an inactivity rate of 34% and an obesity rate of 32%. Physical inactivity rates have risen 2% since 2012. Funds will be used to continue promoting physical activity, distributing membership cards which can be used for designated opportunities, and tracking Rush County's progress.

This event is a fast, scenic 5 Kilometer (3.1 mile) run/walk showcasing some of Rushville's most attractive landscapes. The event kicks off at Riverside Park Amphitheater, home to Rushville's *Live by the Levee* summer concert series, then travels north through Rushville's historic district on the way to North Veterans' Park and the Veterans' Memorial Bridge. Participants will enjoy the sights and sounds of spring as they wind their way through the park trails before heading back to Riverside Park Amphitheater where the race will conclude with the presentation of awards to Division winners and a Rush2Health Celebration of Progress.

Please join us for the Rush2Health Celebration of Progress at the Riverside Park Amphitheater following the race. Activities for the whole family will be set up from 8-12. These activities include health screenings, games for all ages to compete, Boomer from the Pacers, and the Bloodmobile. You do not have to be a Rush2Health member to participate in the celebration and enjoy the activities, but we encourage you to sign up at rush2health.org. Track your own personal weight loss, healthy eating, and physical activity as well as that of your community.

The Mayor's 5K Run/Walk has new opportunities to include everyone! New to the 5K Run/Walk this year are the addition of Seniors' Divisions for male and female runners and walkers age 60 and over. Also, join our Community Challenge by getting a group of people together to participate under the same group name or affiliation. The group with the most members will receive special recognition for their group in the form of a Community Challenge trophy.

Thank you again for your interest and support of this worthy cause. We look forward to seeing you at the starting line and celebrating a healthy Rush County.



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event benefiting:

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Saturday May 9, 2015 • 8:30 a.m.

Location: Riverside Park Amphitheater
(100 Backstage Drive, Rushville, Indiana 46173)

Course: 5 Kilometers (3.1 miles)

Entry Fee: \$15.00 – Adult (18 years and older) with T-shirt
\$10.00 – Adult (18 years and older) without T-shirt
\$10.00 – Children (17 years and under) T-shirt included
**Extra T-shirts available for \$10.00*

Make checks payable to: City of Rushville
***write "Mayor's Walk" on the Memo Line*
\$3.00 off registration fee for Rush2Health Members!
(With proof of membership)

Schedule: 7:45 a.m. – 8:30 a.m. – Check-in and Late Registration
8:30 a.m. – START of RACE

Awards: Medals for Top 3 finishers for Run and Walk Divisions:

Male 17 and Under	Female 18 to 59	Male over 60
Female 17 and Under	Female 18 to 59	Female over 60

Questions: Contact Chief Craig M. Tucker, Rushville Police Department
at 765-932-3907 or ctucker@cityofrushville.in.gov

Deadline: Monday April 27, 2015 (to guarantee a T-shirt)

Proceeds: To benefit Rush2Health

Donations are welcome on race day!!

Name: _____ Walker ____ Runner ____ (Specify One)

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Age: _____ Male ____ Female ____ Shirt Size: Youth L ____ Adult S ____ M ____ L ____ XL ____

*Group Affiliation for Community Challenge: _____

Waiver: I hereby waive and release sponsors and officials of the Mayor's 5K Run/Walk from any responsibility with respect to any damages or claims arising from the event. I attest that I am physically fit and have trained to run or walk this race.

Signature: _____

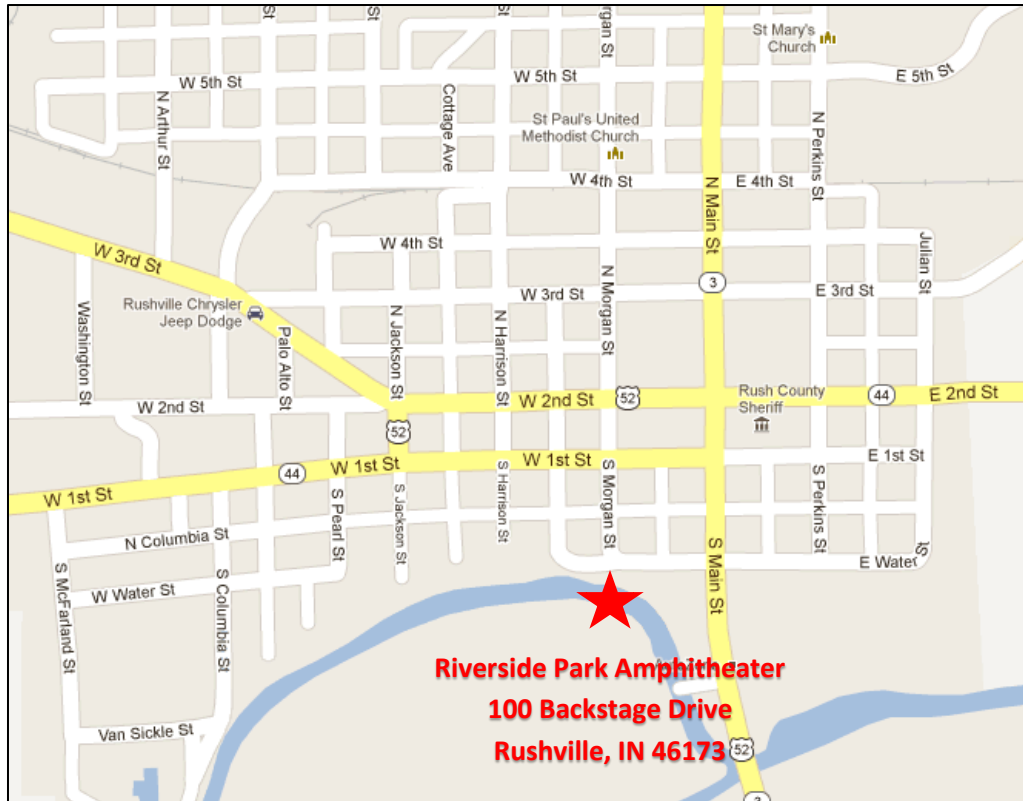
Date: _____

If participant is under 18, a parent/guardian must sign entry form.

Mail or drop off registrations to:

Rushville Mayor's Office
c/o Mayor's 5K Run/Walk
133 W 1st Street
Rushville, IN 46173

Directions to Riverside Park Amphitheater



From I-74 and State Road 44:

Travel eastbound from I-74 on State Road 44 to Rushville City Limits. State Road 44 becomes West 1st Street. Travel eastbound on West 1st Street to South Morgan Street. Turn south on South Morgan Street, and travel two blocks. The entrance to the park will be immediately in front of you. Parking is available at the top of the hill as well as at the bottom of the hill near the amphitheater.

From I-465 and US Highway 52:

Travel eastbound from I-465 on US Highway 52 (Brookville Road) to the Rushville City Limits. US Highway 52 becomes West 3rd Street. Travel eastbound on West 3rd Street to North Morgan Street. Turn south on North Morgan Street, and travel three blocks. The entrance to the park will be immediately in front of you. Parking is available at the top of the hill as well as at the bottom of the hill near the amphitheater.

From I-74 and State Road 3:

Travel northbound from I-74 on State Road 3 to the Rushville City Limits. State Road 3 becomes South Main Street. Travel northbound on South Main Street to West Water Street. Turn west on West Water Street, and travel one block. The entrance to the park will be to the south (left). The entrance to the park will be immediately in front of you. Parking is available at the top of the hill as well as at the bottom of the hill near the amphitheater.

From I-70 and State Road 3:

Travel southbound from I-70 on State Road 3 to the Rushville City Limits. State Road 3 becomes North Main Street. Travel southbound on North Main Street to West Water Street. Turn west on West Water Street, and travel one block. The entrance to the park will be to the south (left). The entrance to the park will be immediately in front of you. Parking is available at the top of the hill as well as at the bottom of the hill near the amphitheater.