



3rd Annual

Mayor's 5K Run/Walk

This year's
event benefiting:

Rush2Health

Saturday May 9, 2015 • 8:30 a.m.

PRESS RELEASE

For Immediate Release

Media Partners:

Mayor Mike Pavey would like to announce the 3rd Annual Mayor's 5K Run/Walk to be held on Saturday, May 9, 2015 at 8:30 a.m. This event is an annual Run/Walk benefiting charitable organizations of the Mayor's choice. The recipient of the proceeds from the 2015 Run/Walk will be Rush2Health, a community initiative that addresses physical inactivity and obesity rates in Rush County. The Rush2Health will host a Celebration of Progress from 8-noon at the Riverside Park Amphitheater. Please visit www.rush2health.org or www.cityofrushville.in.gov for more information.

In 2014, the Rush County health data profile conducted by the Rush County Health Department reported that Rush County had an inactivity rate of 34% and an obesity rate of 32%. Physical inactivity rates have risen 2% since 2012. Proceeds may be used to continue promoting physical activity, distributing membership cards which can be used for designated opportunities, and tracking Rush County's progress.

The event will be a fast, scenic 5 Kilometer (3.1 mile) Run/Walk through some of Rushville's most prominent features. The event will kick off at Riverside Park Amphitheater, home of Rushville's *Live by the Levee* summer concert series. Participants will travel north from there through the shady neighborhoods of Morgan Street on their way to North Veterans' Memorial Park. The return trip will take runners and walkers through South Veterans' Memorial Park before returning to Riverside Park Amphitheater.

Advanced Registration is strongly recommended by downloading and completing a Registration Packet at www.cityofrushville.in.gov or by contacting Chief Craig Tucker at the Rushville Police Department at 765-932-3907 or ctucker@cityofrushville.in.gov. Rush2Health participants will be eligible for a discounted registration fee. Late Registration will be available on Race Day from 7:45 a.m. to 8:30 a.m. Advanced Registrants have the option to receive a T-shirt. Late Registrants may not receive a T-shirt. The event will start promptly at 8:30 a.m. and upon conclusion of the event, medals will be presented to the top 3 finishers in each of the Race Divisions:

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|------------------------------|------------------------------|-------------------------|
| • Male Runner 18 and Older | • Male Runner 17 and Under | • Male Runner over 60 |
| • Female Runner 18 and Older | • Female Runner 17 and Under | • Female Runner over 60 |
| • Male Walker 18 and Over | • Male Walker 17 and Under | • Male Walker over 60 |
| • Female Walker 18 and Over | • Female Walker 17 and Under | • Female Walker over 60 |

Refreshments will also be available to event participants.

Additionally, any business, organization, or individual interested in sponsoring this event, is encouraged to request a Sponsor Packet through Chief Craig Tucker at the Rushville Police Department at 765-932-3907 or ctucker@cityofrushville.in.gov. Everyone is encouraged to come out to show support for this worthy cause.

Inquiries or requests for audio sound bites may be directed to/scheduled through Chief Craig Tucker at the Rushville Police Department, 270 W 15th Street, Rushville, IN 46173; or at 765-932-3907.